

Retreads Newsletter January 31, 2012

Well, our first meeting back at Cracker Barrel and the sun coming through the windows was in everyone's eyes that were facing the windows and the members at the other end of the room could not hear what was being said by Bob Walters due to the noise from the restaurant.

Our guest today was Everett Smith. Welcome aboard, hope you join us for our great rides and times.

We had thirty seven at breakfast and our 50/50 of \$27.00 was won by Daise Dyke. Way to go girl!! There were a total of twenty six bikes on a wonderful ride led by Warren Houghton. It was a tad bit breezy but the sun was out and by the break some of us had shed our jackets. Was a really nice ride and Warren did a great job of keeping us all informed about where to turn, etc. Communication during our rides is a real plus! Plus he asked everyone before leaving the restaurant if they knew how to get home. That is consideration for the members. Thanks Warren!!!!!!!!!!!!

The picnic is going to be March 24 at the Hickory Point Pavillion just over the bridge from Mission Inn. The time is from 0900 – 1400 and the food will probably be arriving around 1100. The cost is \$5.00 per member and \$7.50 per guest. If you are a single member and bring a guest your bill will be \$12.50. If you paid a family membership, your bill will be \$10.00. Money is to be given to Nan Sabo by the 12th of March. Our menu will be barbeque chicken and pork, hot dogs, baked beans, potato salad, chips, iced tea, peach cobbler, cookies, etc. The pavilion is enclosed with a hard roof and screened all around. It is a very nice place and we have a good time there. Also, for all those that sign up, we will be giving money back in the form of door prizes so please plan to attend.

February 4 – Plant City Bikefest 5:00 p.m. – 9:00 p.m. Let Bob Walters know if you want to go.

February 25 – Nature Coast, Inverness ride

March 9-18 Bikeweek at Daytona. The 17th is the buffet at Duff's Cafeteria. Since we are the largest club in Florida it would be nice to have a real turnout for this. The meal is \$8.00 pp and offers more than you could hope to eat. Let's show up in force!!!!

April 10-11-12 is the ride to the Barber Museum in Leeds, Alabama. Bob Walters is coordinating this ride and will have more information at the next meeting. Hope to have a large fun loving group for this also.

Our safety guru, Pete Hooper, gave info on "rider fatigue". Some of the signs are drowsiness, back tension, shallow breathing, weaving, etc. Ways to avoid a possible catastrophe due to this fatigue are: no alcohol, get enough rest, ride with someone, don't ride at night, wear sunglasses in the daytime, avoid overeating, pullover to rest and listen to your co-rider. She may realize a lot of these symptoms before you do. Ladies, if you think your operator may take offense to your suggestion, tell him that it is you that is tired and would like to take a break for a rest. The lives you save may be your own!!!